

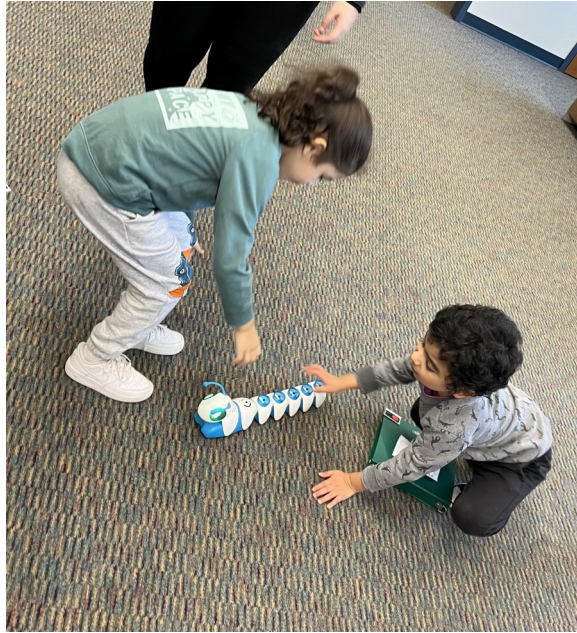


Quaker Hill Elementary School

Christopher Discordia, Principal  
cdiscordia@waterfordschools.org



# Scenes from Hour of Code!



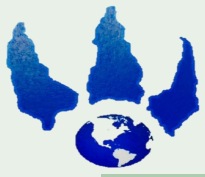


Waterford Youth and Family Services came to pick up the Holiday Giving Drive Donations this week. Thank you to all that donated.



Kindergarten had their annual Gingerbread Day on Thursday! They tracked him with clues all throughout the school and then made gingerbread cookies of their own!





# Quaker Hill News



Fri December 22nd  
1/2 Day 12:25pm dismissal

Mon December 25th-Monday January 1st  
No School—Winter Break

Mon January 15th  
No School

## Week of December 18th-22nd

Monday - C

Tuesday - D

Wednesday - A

Thursday - B

Friday - C (Half Day modified schedule)

## Lunch Menu for the week of December 18th-22nd

**Mon:** Mozzarella sticks, breaded ravioli, Caesar salad, bread stick, diced pears, milk

**Tue:** Orange chicken, brown rice, steamed broccoli, diced carrots, mandarin oranges, milk

**Wed:** Chicken & broccoli alfredo, romaine & garbanzo bean salad, garlic knot, fresh fruit, milk

**Thu:** Chicken drummies, smile fries, corn, dinner roll, apple sauce, milk

**Fri:** Cheese pizza, baby carrots, ranch, cucumber slices, side-kick or apple juice, milk



Come join us THIS FRIDAY 12/15/23 from 5:30 to 7:30PM  
for some fun crafts and a movie.

THIS FREE EVENT IS ONLY FOR QHES STUDENTS/STAFF AND  
THEIR FAMILIES.

Bring blankets, pillows, lawn chairs, etc. to set up in the  
gym to watch the movie.

You can even wear your HOLIDAY PJ's!!

RUMOR IS A SPECIAL GUEST WILL BE STOPPING BY (who could it be?)

Concessions available for purchase.

(Pizza/Water/Juice/Hot Chocolate/Candy/Popcorn)

This is NOT a drop off EVENT!

Parents/Caregivers MUST be present and are responsible  
for SUPERVISING their CHILDREN :)



Our Chief Medical Advisor Dr. Walia has updated our Cough Drop policy.

All elementary school aged children's pediatrician should be authorizing the use of all medications, including cough drops.

All medications, including cough drops, must be provided by the parent directly to the health room staff and will be stored in the health room. The cough drop must be consumed in the health room due to the potential as a choking hazard.

Please do not send in any medication to the school with your child.

If you have any questions, please email Nurse Sonia at [sstavens@waterfordschools.org](mailto:sstavens@waterfordschools.org)

# Pet Supply Holiday Drive To Benefit Mona's House



**Sponsored by: Cub Scout Pack 39  
Quaker Hill**

**Collecting for the Month of  
December**

Mona's House is a rescue based out of Groton CT. This rescue gives homeless and unwanted pets a fresh start. Please visit their Facebook page for more information.

<https://www.facebook.com/MonasHouseforHomelessPets/>

**Please consider donating blankets, towels, food, treats, cleaning supplies or anything else animals would appreciate!!**

*Donation box is located in the main office at Quaker Hill School or contact Becky at 860-460-2063 to have donations picked up.*

# MONTHLY MATH CORNER

## Multiplication & Division

Last month you learned about Addition and Subtraction. This month we are going to take a closer look at multiplication and division. Many parents want to help their children “learn their facts” or multiply multi-digit numbers using an algorithm, but there is no rush! Students first need to develop strategies and learn why certain patterns exist before learning steps to compute. In elementary school we focus on having a solid foundation before recall of facts or developing algorithms. Take a look at the progression videos to see your child is learning to multiply and divide!

PROGRESSION VIDEOS

[Multiplication](#)

[Division](#)

Multiplication :

[https://gfletchy.com/multiplication\\_progression/](https://gfletchy.com/multiplication_progression/)

Division :

<https://gfletchy.com/progression-of-division/>



**WATERFORD**  
Youth & Family  
Services

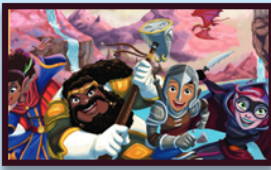
# Winter Afterschool Programs

10 week programs start week of Jan 8th

**Healthy Snack  
Provided each  
class!**

Waterford Public  
School students can  
take bus from school  
directly to the  
Community Center!

**Classes fill up  
quickly, be sure to  
create a profile  
using the link  
below.**

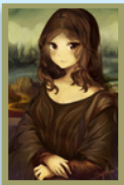


## Dungeons and Dragons

Are you ready to embark on an epic journey filled with mythical creatures, daring quests, and endless adventure? Join our after-school Dungeons & Dragons classes and unleash your imagination in a world of magic and mystery! Throughout the program, you'll learn the art of teamwork and creativity, working with fellow adventurers to overcome challenges, create unforgettable stories, and develop unique characters with their own backgrounds and abilities. Sharpen your critical thinking and

decision-making skills as you face unexpected situations in a dynamic and ever-changing world. Every week, embark on thrilling campaigns filled with epic battles, intriguing NPCs, and epic quests!

- **Mondays 4th & 5th Grades [Dismissal— 5:45pm]**
- **Tuesdays Middle School A [Dismissal— 5:30pm]**
- **Wednesday Middle School B [Dismissal— 5:30pm]**
- **Thursday High School [Dismissal— 5:00pm]**



## FINE ARTS AND ANIME

Unleash your creativity in a captivating artistic journey that blends the best of Western fine arts with the enchanting world of Japanese influence and anime. Our art program is designed especially for middle to high school students, offering a unique opportunity to explore the rich traditions of both worlds while embracing modern pop culture.

**Tuesdays Middle School [Dismissal— 5:30pm]**



## MIXED MEDIA ART

We're calling all elementary schoolers to embark on a vibrant journey into mixed media art! Discover the thrill of combining paint, paper, fabric, and more to breathe life into your imagination. Our expert instructors will guide you through hands-on projects, from captivating collages to whimsical 3D creations. Boost your creativity, problem-solving skills, and passion for art in this unforgettable artistic adventure. Join now and let the magic of mixed media art unleash your inner artist! **Wednesdays 1st thru 5th grade [Dismissal— 5:30pm]**



## Cooking with Class

Discover the art of cooking with our Middle School Chef Program! Join our expert chef to learn essential skills, explore flavors, and create delicious meals! Tuesdays: Grades 6th thru 8th.

**Tuesdays Middle School [Dismissal— 5:30pm]**



## Waterford Whiskers: Baking 101

Unleash your baking talents with our Waterford Whiskers Program! Discover the joy of creating sweet masterpieces, gain essential skills, and let your creativity rise to new heights! Tuesdays: Grades 3rd thru 5th

**Wednesdays 1st thru 5th grade [Dismissal— 5:30pm]**

## REGISTRATION IS NOW OPEN!

Create a profile and register here: [waterfordyouthfamily.recdesk.com/Community/Home](http://waterfordyouthfamily.recdesk.com/Community/Home) or scan the QR code to the right.





## FAMILY PROGRAMS

Friday, December 29, 2:00PM - 4:00PM

### Family Movie Matinee

Join us during your school vacation for a family friendly movie. Bring your blankets, pillows, and snacks down to the meeting room for a cozy winter afternoon. All ages are welcome, no registration required. Check our website for movie details.



Saturday, December 2, 10:30AM - 11:30AM AND Saturday, December 16, 2:30PM - 3:30PM  
Read to Scout

We are excited to welcome a new certified therapy dog to the library! Come practice your reading skills and give Scout a cuddle in the Children's Room. All ages are welcome, no registration required.

Tuesday, December 5, 4:00PM - 5:00PM

### Read to Hodges

Stop by the Children's Room anytime between 4:00 and 5:00 pm to read to our favorite furry friend, Officer Hodges! No registration required, all ages welcome.



Monday, December 11, 4:00PM - 5:00PM

### Fantasy Book Club

Bring your favorite fantasy book to life with fellow adventurers - you choose the book! We will also make a fun craft. See you in the realm of fantasy! Recommended for ages 9 to 12 years old, registration is required.

Tuesday, December 26, 1:00PM - 2:00PM AND 4:30PM - 5:30PM

### Cookie Decorating

Bring your culinary creative vision to life with our holiday cookie decorating program! For ages 4 and up, registration is required. Please only register for one session of cookie decorating.



Wednesday, December 27, 3:00PM - 4:00PM

### Local Author Visit

Join us for a fun and interactive visit from local author Judy Ricketts-White! Judy will share her stories and lead the group through some writing and drawing activities. Copies of her Slater Mountain series and coloring books will be available for purchase. Recommended for ages 8 and up, registration recommended.

Thursday, December 28, 2:00PM - 3:00PM

### Fossils to Footprints

Join presenters from the Niantic Children's Museum for this fun, hands-on event. Go back to prehistoric times to discover what fantastic creatures roamed the earth! Find out what they may have looked like, acted like, and ate. Recommended for ages 5 and older, no registration required.

Mondays, December 4, 11 & 18, 10:30AM - 11:00AM

### Family Storytime

Get ready to read and get your wiggles out! Join Ms. Jenna at the library for some fun stories, songs, and dancing. Recommended for ages birth to five years old with a caregiver. No registration is required.



All programs are free and open to the public

## DROP IN CRAFTS

Monday, December 4, 4:00PM - 6:30PM

**Drop In STEM Adventure: Grow a Rainbow Experiment**

Join us in the Children's Room between 4:00 and 6:30 pm to create a stunning rainbow using water, markers, and tissue paper! Recommended for ages 5 and up, no registration required.



Tuesday December 12, 4:00PM - 6:00PM

**Build Club**



Stop by the Children's Room anytime between 4:00 and 6:00 pm to build with a variety of STEM sets that we have!

Recommended for ages 4 and older, no registration required.

Monday, December 18, 4:00PM - 6:30PM

**Drop in Craft: Snowglobe Ornament**

Join us in the Children's Room anytime between 4:00 and 6:30 pm to create an adorable Holiday Snowglobe Ornament. Recommended for ages 5 and up, no registration required.



Thursday, December 14, 4:30PM - 5:30PM

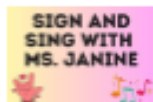
**DIY Instruments: NYE Noisemakers**

Ready to create, play, and dance? Join us for this DIY instrument program in which kids will learn how to make noisemakers for New Year's Eve! Registration required. Recommended for children ages 6-10 years. All materials will be provided.

Saturday, December 16, 10:30AM - 11:00AM

**Sign and Sing**

Join Ms. Janine for Sign and Sing! This fun storytime will include basic signs that both children and their caregivers will benefit from knowing. For ages birth to 5, no registration required. Thank you to CT Humanities for providing funding for this program.

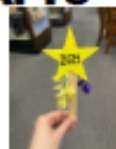


## GRAB & GO CRAFTS



Acorn

Dec 2 to Dec 15



New Year's Eve Craft

Dec 16 to Dec 29

Pick up supplies in the Children's Room to make Grab & Go crafts at home, while supplies last.

Step-by-step video tutorial on our Facebook page

([@waterfordpubliclibrary](https://www.facebook.com/waterfordpubliclibrary)).

## TEEN CORNER

Thursday, December 7, 5:30PM - 7:00PM

**Craft Night**

At this craft night, participants will learn how to make a mini mechanical sculpture featuring flying snowy owls! All materials will be provided. Recommended for ages 11 and up. Registration required.

Thursday, December 21, 5:30PM - 7:00PM

**Teen Drop In Craft**

Drop in to the Teen Section of the library anytime between 5:30 and 7:00 p.m. to make a Winter Solstice craft. Ages 12 and up. No registration required.



Thursday, December 28, 5:30PM - 7:00PM

**Teen Bullet Journal Class**

Do you want to get organized and motivated for the New Year? Join Miss Ashlee and learn how to create a bullet journal for 2024! All materials will be provided. Registration required. Ages 12-18.



Friday, December 8, 11:00AM - 12:00PM

**Toddler Craft: Snowman Photo Craft**

Join us for a fun-filled crafting session where the little ones will use their creativity, and fine motor skills to put together a snowman and give it a personal twist with their adorable faces. Please bring a photo of your face to make it uniquely yours! For ages 3 to 5 years old, no registration is required.



Friday, December 15, 11:00AM - 11:45AM

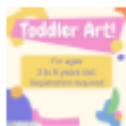
**Story and Sensory Play**

Join Miss Ashlee for a story and then explore multiple sensory stations! Recommended for ages 2 to 5 years old with a caregiver. No registration required.

Wednesday, December 20, 11:00AM - 11:45AM

**Toddler Art**

This hands on art session is for young ones to explore through process art with the help of their adult. Miss Ashlee will start the session with a short story! For ages 3 to 5 years old, registration is required.



To keep up with all our activities follow us on Facebook and Instagram



[@waterfordpubliclibrary](https://www.facebook.com/waterfordpubliclibrary)



[@waterfordlibraryct](https://www.instagram.com/waterfordlibraryct)

Either call the library to register or go to our Calendar of Events page on our website.  
[www.waterfordpubliclibrary.org](http://www.waterfordpubliclibrary.org) 860-444-5805, Adult Ext 2, Youth Services Ext. 3

# Waterford Little League

## Register online now for Spring Little League Season!

We are currently updating our website so to register for the upcoming season please scan the QR code



or go to

<https://leagues.bluesombrero.com/waterfordct>

### 2024 Spring Season Registration fees:

Majors/Minors - \$150

Coach Pitch - \$100

Co-ed Tee Ball - \$85

Payment Plans available!  
Family discount for families  
with 3 or more players.

### Important Registration Dates:

#### Majors/Minors

\$25 late registration fee begins 1/1  
Registration closes 1/15

#### Coach Pitch

\$25 late registration fee begins 2/1  
Registration closes 2/15



Please email  
[Registration@wllct.org](mailto:Registration@wllct.org) with any  
registration questions.

CONNECT WITH US



# December Lunch Menu



## DECEMBER 2023 WATERFORD SCHOOLS K-12



LUNCH PRICES  
 Elementary \$3.25  
 CLMS \$3.50  
 WHS \$3.75  
 \*Second Meal=\$4.25 - Adult Meal \$5.00

Monday

Tuesday

Wednesday

Thursday

Friday



Please visit [www.myschoolbucks.com](http://www.myschoolbucks.com) to add funds to your child's account.

For the 23-24 school year, students qualified for **Reduced status** will receive one lunch at no cost per day

**4**  
 Macaroni & Cheese  
 Steamed broccoli  
 Baby carrots  
 Diced pears Milk  
*National Oatmeal Cookie Day*

**5**  
 Chicken Nuggets  
 Steamed Red potatoes  
 Sliced carrots  
 Dinner roll  
 Fresh Fruit Choice Milk

**6**  
 Chicken Tender\* parmesan  
 Penne Pasta in marinara sauce  
 Green beans  
 Garlic knot  
 Diced peaches Milk

**7**  
 Beef & Cheese Taco Salad  
 Fiesta beans  
 Mini- corn muffin  
 Tostito chips salsa cup  
 Pineapple chunks Milk

**1**  
 Cheese Pizza  
 Baby carrots Ranch  
 Cucumber slices  
 Apple juice  
 Fresh fruit choice Milk

**11**  
 Chicken Patty on a WG Roll  
 Potato Wedges  
 Golden corn  
 Diced pears Milk

**12**  
 French Toast Syrup cup  
 Sausage links  
 Potato tots  
 Mango juice  
 Fresh Fruit Milk

**13**  
 Cheese Pizza  
 Baby carrots Ranch  
 Cucumber slices  
 Apple juice  
 Fresh fruit choice Milk

**14**  
*Holiday Dinner!*  
 Turkey & gravy  
 Mashed potatoes  
 Green beans Craisins  
 Pumpkin bread Milk

**15**  
 Cheeseburger  
 Baked beans  
 Sweet potato gems  
 Diced peaches Milk

**18**  
*Meatless Monday!*  
 Baked Italian Combo  
 Mozzarella stick & Breaded Ravioli  
 Caesar Salad  
 Bread stick  
 Diced pears Milk

**19**  
 Orange chicken  
 Brown Rice  
 Steamed Broccoli  
 Diced carrots  
 Mandarin oranges Milk

**20**  
 Chicken & Broccoli Alfredo  
 Romaine & garbanzo bean Salad  
 Garlic Knot  
 Fresh Fruit Milk

**21**  
 Chicken "Drummies"  
 Smile fries Golden corn  
 Dinner Roll  
 Apple sauce Milk

**22**  
 Cheese Pizza  
 Baby carrots Ranch  
 Cucumber slices  
 Sidekick or Apple juice  
 Milk

**25**  
*School Holiday*  
**No School**  
*Winter Break*

**26**  
 Winter Break  
 No school  
*Wellness Tip:*  
 Stay hydrated  
 Drink plenty of water daily!

**27**  
 Winter Break  
 No School  
*Wellness Tip:*  
 Eat at least one fruit or  
 Vegetable at every meal!

**28**  
 Winter Break  
 No School  
*Wellness Tip:*  
 Play outside for at 20  
 minutes/dress for the weather!

**29**  
 Winter Break  
 No School  
*Wellness Tip:*  
 Make sure to get plenty of  
 sleep for a healthy body!

All grain-based items offered at lunch are whole-grain rich which means that at least 51% of the grains in the item are *whole grain (WG)*, all other grains are enriched

**A VARIETY OF FRESH FRUITS OFFERED DAILY** "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"

**Alternate Choice Yogurt Meal available daily** = Yogurt, Mozzarella string cheese, baby carrots, craisins, goldfish crackers, dinner roll, milk

Milk choices: 1% White or Fat Free Flavored Additional Fruit & Vegetables offered daily THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER \*Menus are subject to change

# January Lunch Menu

**LUNCH**

**JANUARY 2024**  
WATERFORD SCHOOLS K-12

**LUNCH PRICES**  
Elementary \$3.25  
CLMS \$3.50  
WHS \$3.75  
\*Second Meal=\$4.25 - Adult Meal \$5.00

Please visit [www.myschoolbucks.com](http://www.myschoolbucks.com) to add funds to your child's account.

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>School Holiday</b>	2 Marinara sauce Cheesy Italian -pull-a-parts Marinara sauce Broccoli with ranch cup Cucumber slices Diced peaches Milk	3 Diced chicken Taco salad Tostitos salsa Golden corn Black beans 100% frozen fruit juice Sidekick Ice Cold Milk	4 <i>National Spaghetti day!</i> Meatballs & sauce Green beans Garlic knot Diced pears Milk	5 Chicken Nuggets Smile fries Peas Warm Dinner roll Applesauce Ice Cold Milk
8 <i>Meatless Monday!</i> Cheese pizza Square Baby carrots Cucumber wheels Ranch dressing Diced peaches Milk	9 <i>"Brunch for Lunch"</i> French toast Sticks/syrup Chicken sausage links Potato tots Mango juice Strawberry cup Milk	10 Chicken tenders Potato wedges Golden Corn Oven baked biscuit Apple sauce Ice Cold Milk	11 <i>"Italian Combo"</i> Breaded Ravioli Mozzarella sticks Marinara sauce WG Breadstick Green beans Diced pears Milk	12 Cheeseburger Sandwich salad cup (Lett & Tom) Baked beans Oven fries 100% Frozen fruit juice Sidekick Ice cold Milk
15 <b>School Holiday</b>	16 <i>"Yang's" Orange chicken</i> Brown Rice Green beans Warm dinner roll Applesauce Milk	17 Beef & Cheese Tacos Brown Rice Fiesta beans Mini corn muffin Mango juice Milk	18 <i>WHS exams</i> Big daddy Cheese Pizza Broccoli Cucumber slices Ranch cup Apple slices Ice cold Milk	19 <i>WHS exams</i> Crispy Chicken patty on a WG Roll Potato wedges Diced Carrots Orange Smiles Milk
22 <i>WHS/exams</i> <i>Meatless Monday!</i> Pizza Bites Cucumber wheels Fresh broccoli Ranch Dip Cup Apple juice Milk	23 <i>WHS/exams</i> Hotdog on a roll Oven fries Baked beans 100% frozen fruit juice Sidekick Ice Cold Milk	24 Pasta with Meat sauce Garden salad Garlic knot Diced peaches Ice Cold Milk	25 Beef Nachos Cheddar cheese sauce Fiesta beans Brown Rice Corn muffin Mango juice Orange smiles Milk	26 Grilled chicken on a WG Roll BBQ sauce cup Sweet Potato Fries Broccoli Applesauce Milk
29 <i>Meatless Monday!</i> Macaroni & Cheese Steamed Broccoli Sliced Carrots Warm Dinner Roll Diced Pears Milk	30 Cheeseburger Sandwich Salad Cup Baked Beans Oven Fries Apple Milk	31 Chicken & Waffles Syrup cup Sweet Potato Fries Green beans Apple sauce Milk	<p>For the 23-24 school year, students qualified for <b>Reduced status</b> will receive one lunch at no cost per day.</p>	

All grain-based items offered are whole-grain rich which means that at least 51% of the grains in the item are whole grain (WG), all other grains are enriched

**A VARIETY OF FRESH FRUITS & VEGETABLES OFFERED DAILY** "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"

**Alternate Choice Yogurt Meal AVAILABLE Daily** or Alternate Salad meal offered when available (See kitchen manager)

Yogurt Meal =Yogurt, Mozzarella string cheese, baby carrots, craisins, goldfish crackers, dinner roll, milk

Salad Meal=Garden salad with egg, cheese stick garlic knot, fruit choice, milk

**Allergy Warning: Menu items may contain or come in contact with wheat, eggs, soy, nuts, and milk**

**\*Menus are subject to change**

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

# December Breakfast Menu

BREAKFAST					DECEMBER 2023 WATERFORD SCHOOLS K-12					One daily Breakfast at no charge to all students this 2023-24 school year! Milk Only: \$.75 *Second Breakfast Price: \$2.75				
Monday		Tuesday		Wednesday		Thursday		Friday						
Please visit <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a> to add funds to your child's account.					Alternate choice of assorted cereals and muffins Available daily/Fruit & milk included					1 WG Cinnamon Roll Choice of Fruit 100% fruit Juice Milk				
4 Breakfast pizza Choice of Fruit 100% fruit Juice Milk		5 Yogurt & Goldfish grahams Choice of Fruit 100% fruit Juice Milk		6 Egg & Cheese Breakfast sandwich Choice of Fruit 100% fruit Juice Milk		7 Banana Bread Choice of Fruit 100% fruit Juice Milk		8 Mini French toast Choice of Fruit 100% fruit Juice Milk						
11 Banana Bread Choice of Fruit 100% fruit Juice Milk		12 Yogurt & Goldfish grahams Choice of Fruit 100% fruit Juice Milk		13 Sweet Potato Bun Choice of Fruit 100% fruit Juice Milk		14 Mini French toast Choice of Fruit 100% fruit Juice Milk		15 Egg & Cheese Breakfast sandwich Choice of Fruit 100% fruit Juice Milk						
18 Oatmeal breakfast Round Choice of Fruit 100% fruit Juice Milk		19 Breakfast Pizza Choice of Fruit 100% fruit Juice Milk		20 Mini French toast Choice of Fruit 100% fruit Juice Milk		21 Egg & Cheese Breakfast sandwich Choice of Fruit 100% fruit Juice Milk		22 Yogurt & Goldfish grahams Choice of Fruit 100% fruit Juice Milk						
25 <b>WINTER BREAK</b> Warm Winter Wishes! SCHOOL HOLIDAY NO SCHOOL		26 School Holiday  Wellness Tip: Eat at least one fruit or Vegetable at every meal!		27 School Holiday  Wellness Tip: Play outside for at 20 minutes/dress for the weather!		28 School Holiday  Wellness Tip: Stay hydrated Drink plenty of water daily!		29 School Holiday  Wellness Tip: Make sure to get plenty of sleep for a healthy body!						

ALL Grain-based items offered at breakfast are Whole Grain Rich which means that at least 50% of the grains in the items are whole grain and all other grains are enriched

\*Milk Choices: 1% white or Fat Free Flavored \* A variety of breakfast options offered daily \* All breakfast includes 1 cup of fruit & 8 oz. Milk \* Menu subject to change

This institution is an equal opportunity provider

"Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"

# January Breakfast Menu



## JANUARY 2024 WATERFORD SCHOOLS K-12


One daily Breakfast at **no charge**  
to all students this 2023-24 school year!

Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>School Holiday!</i>	2 Confetti Pancakes Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	3 Early Riser Egg/ Hashbrown Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	4 Egg & Cheese Breakfast Sandwich Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	5 Banana Bread Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice
8 Maple Waffle Or assorted WG Muffins Or cereal Choice Milk Strawberry cup 100% Fruit Juice	9 Egg & Cheese Breakfast Sandwich Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	10 French Toast Sticks Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	11 Mini Cinnamon Rolls Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	12 Early Riser Egg /Hashbrown Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice
15 <i>School Holiday!</i>	16 Early Riser Egg/ Hashbrown Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	17 Goody Breakfast Ring Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	18 <i>WHS midterm exam</i> Egg & Cheese on a Roll Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	19 <i>WHS midterm exams</i> Maple waffle Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice
22 <i>WHS midterm exams</i> Early Riser Egg/ Hashbrown Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	23 <i>WHS midterm exams</i> Apple Frudel Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	24 Egg & Cheese Breakfast Sandwich Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	25 Banana Bread Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	26 Cheese Omelet Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice
29 WG Blueberry munchkins Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	30 Egg & Cheese Breakfast Sandwich Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	31 Cinnamon Oatmeal Breakfast Round Or assorted WG Muffins Or cereal Choice Milk Fresh Fruit 100% fruit Juice	Alternate choice of assorted cereals and muffins Available daily/Fruit & milk included	

Please visit [www.myschoolbucks.com](http://www.myschoolbucks.com) to add funds to your child's account.

All grain-based items offered are whole-grain rich which means that at least 51% of the grains in the item are *whole grain (WG)*, all other grains are enriched  
**A VARIETY OF FRESH FRUITS OFFERED DAILY** "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"  
*Allergy Warning: Menu items may contain or come in contact with wheat, eggs, soy, nuts, and milk* \*Menus are subject to change  
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

# December Pre-K Menu

BREAKFAST		LUNCH		DECEMBER 2023					* 1 daily Breakfast at "no cost"
WATERFORD SCHOOLS PRE-K BREAKFAST AND LUNCH							For ALL students this school year!		
Monday	Tuesday	Wednesday	Thursday	Friday					
 <p>Please visit <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a> to add funds to your child's account.</p> <p>For the 23-24 school year, students qualified for <b>Reduced status</b> will receive breakfast and lunch at no cost</p>					<p>LUNCH \$3.25 MILK ONLY= \$.75</p>				
<p><b>4</b></p> <p>Breakfast pizza Fruit / 100% fruit Juice /Milk</p> <p>Macaroni &amp; Cheese Steamed broccoli Diced pears Milk</p>	<p><b>5</b></p> <p>Yogurt &amp; Goldfish grahams Fruit / 100% fruit Juice /Milk</p> <p>Chicken Nuggets Sliced steamed carrots Annlesauce cup Milk</p>	<p><b>6</b></p> <p>Egg &amp; Cheese Breakfast sandwich Fruit / 100% fruit Juice /Milk</p> <p>Chicken "Tender" Parmesan Penne Pasta in marinara sauce Green beans Milk</p>	<p><b>7</b></p> <p>Cereal/Fruit / 100% fruit Juice /Milk</p> <p>Beef &amp; Cheese soft Taco Fiesta beans Mini- corn muffin Milk</p>	<p><b>1</b></p> <p>WG Warm Cinnamon Roll Fruit / 100% fruit Juice /Milk</p> <p>Cheese Pizza Cucumber slice Apple slices Milk</p>					
<p><b>11</b></p> <p>Cereal/ Fruit /100% fruit Juice /Milk</p> <p>Chicken Patty on a WG Roll Golden corn Diced pears Milk</p>	<p><b>12</b></p> <p>Yogurt &amp; Goldfish grahams Fruit / 100% fruit Juice /Milk</p> <p>French toast Syrup cup Potato tots Strawberry cup Milk</p>	<p><b>13</b></p> <p>Sweet Potato Bun Fruit / 100% fruit Juice /Milk</p> <p>Cheese Pizza Cucumber slices Apple slices Milk</p>	<p><b>14</b></p> <p>Mini French toast Fruit / 100% fruit Juice /Milk</p> <p>Holiday Turkey &amp; gravy Mashed potatoes Green beans Milk</p>	<p><b>8</b></p> <p>Mini French toast Fruit / 100% fruit Juice /Milk</p> <p>Pizza Bites Marinara sauce Cup Spinach &amp; Tomato Salad Oranne smiles Milk</p>					
<p><b>18</b></p> <p>Oatmeal breakfast Round Fruit / 100% fruit Juice /Milk</p> <p><b>Meatless Monday!</b> Baked Italian Combo Mozzarella stick &amp; Breaded Ravioli Salad Diced pears Milk</p>	<p><b>19</b></p> <p>Breakfast Pizza Fruit / 100% fruit Juice /Milk</p> <p>Orange chicken Brown Rice Steamed Broccoli Mandarin oranges Milk</p>	<p><b>20</b></p> <p>Cereal/Fruit / 100% fruit Juice /Milk</p> <p>Chicken &amp; Broccoli Alfredo Romaine &amp; garbanzo bean Salad Orange smile Milk</p>	<p><b>21</b></p> <p>Egg &amp; Cheese Breakfast sandwich Fruit / 100% fruit Juice /Milk</p> <p>Chicken "Drummies" Smile fries Golden corn Apple sauce Milk</p>	<p><b>5</b></p> <p>Egg &amp; Cheese Breakfast sandwich Fruit / 100% fruit Juice /Milk</p> <p>Cheeseburger Sweet potato gems Diced peaches Milk</p>					
<p><b>25</b></p> <p><b>WINTER BREAK</b> Warm Winter Wishes! SCHOOL HOLIDAY <b>NO SCHOOL</b></p>	<p><b>26</b></p> <p><b>School Holiday</b></p> <p>Wellness Tip: Eat at least one fruit or vegetable at every meal!</p>	<p><b>27</b></p> <p><b>School Holiday</b></p> <p>Wellness Tip: Play outside for at 20 minutes/dress for the weather!</p>	<p><b>28</b></p> <p><b>School Holiday</b></p> <p>Wellness Tip: Stay hydrated Drink plenty of water daily!</p>	<p><b>22</b></p> <p>Yogurt &amp; Goldfish grahams Fruit / 100% fruit Juice /Milk</p> <p>Cheese Pizza Cucumber slices Apple slices Milk</p>	<p><b>29</b></p> <p><b>School Holiday</b></p> <p>Wellness Tip: Make sure to get plenty of sleep for a healthy body!</p>				

All grain-based items offered are whole-grain rich which means that at least 50% of the grains in the item are *whole grain* (WG), all other grains are enriched  
**A VARIETY OF FRESH FRUITS OFFERED DAILY** "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"  
**Alternate Lunch Yogurt Meal available daily** = Yogurt, Mozzarella string cheese, baby carrots, raisins, goldfish crackers, dinner roll, milk  
**Milk is 1% White** **THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER** **\*Menus are subject to change**



# January Pre-K Menu

**BREAKFAST** **JANUARY 2024** \* 1 daily Breakfast at "no cost" for all students this school year!  
**LUNCH** WATERFORD SCHOOLS PRE-K BREAKFAST AND LUNCH LUNCH \$3.25 MILK ONLY \$.75  
 Milk choices: 1% White or skim

Please visit [www.myschoolbucks.com](http://www.myschoolbucks.com) to check balance and/or add funds to your child's account.

Monday	Tuesday	Wednesday	Thursday	Friday
SCHOOL HOLIDAY!	1 Confetti Pancakes 100% juice Milk Cheesy -pull- a -parts Marinara sauce Broccoli & Ranch dip Diced peaches Milk	2 Early Riser Egg/ Hashbrown 100% Fruit Juice Milk Soft Chicken & Cheese Taco Corn Applesauce Milk	3 Egg & Cheese on a roll Applesauce cup Milk Spaghetti & meatballs Green beans Pears Milk	4 Banana Bread Milk Cheese stick Apple slices Chicken nuggets Smile fries Peas Milk
Cereal Milk Orange smiles	8 Pizza square Cucumber Wheels Diced peaches Milk	9 Banana Bread 100% juice Milk French toast sticks Potato tots Strawberry cups Milk	10 French Toast Sticks Blueberry Cup Milk Chicken Drumsticks Corn Applesauce Milk	11 Yogurt/mini muffin Apple slices Milk Sun butter Sandwich Mozzarella string cheese Cucumber slices Milk
SCHOOL HOLIDAY	15 Cereal Milk Orange smiles Chicken Nuggets Mashed potatoes Applesauce Milk	16 Banana Bread Milk Cheese stick apple slices Soft beef & Cheese Taco Brown Rice Orange Smiles Milk	17 Cereal Banana Milk Pizza Slice Cucumber slices Apple slices Milk	18 Yogurt/mini muffin Apple slices Milk Chicken Patty on a WG Roll Potato wedges diced carrots Milk
Cereal Milk 100% Fruit Juice	22 Pizza Bites Milk Cucumber wheels Fresh broccoli Ranch cup	23 Mini muffin /cheese stick Strawberry cup Milk Sun butter Sandwich Mozzarella string cheese Cucumber slices Milk	24 Cereal Banana Milk Pasta with meat sauce Garden salad Diced Peaches Milk	25 Banana Bread Milk Cheese stick Apple slices Soft Taco Brown rice Orange smiles Milk
Yogurt/mini muffin 100% Juice Milk	29 Cereal Banana Milk Macaroni & Cheese Steamed broccoli Diced pears Milk	30 Cheeseburger on a WG Roll Baked beans Applesauce cup Milk	31 Oatmeal breakfast round Apple slices Milk Chicken & waffles Green beans Milk	26 Cheese omelet 100% juice Goldfish grahams Milk Chicken Drumsticks Sweet potato fries Applesauce Milk

For the 23-24 school year, students qualified for **Reduced status** will receive breakfast and lunch at no cost

All grain-based items offered are whole-grain rich which means that at least 51% of the grains in the item are *whole grain (WG)*, all other grains are enriched  
**A VARIETY OF FRESH FRUITS & VEGETABLES OFFERED DAILY** "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"  
 Alternate Choice Yogurt Meal available or Alternate Salad meal offered when available (See kitchen manager)  
 Yogurt Meal =Yogurt, Mozzarella string cheese, baby carrots, raisins, goldfish crackers, dinner roll, milk Salad Meal=Garden salad with egg, cheese stick garlic knot, fruit choice, milk  
 Allergy Warning: Menu items may contain or come in contact with wheat, eggs, soy, nuts, and milk \*Menus are subject to change  
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

# 2023-24 Elementary Letter Rotation Schedule

August 2023				
Mon	Tue	Wed	Thu	Fri
		30 A	31 B	

September 2023				
Mon	Tue	Wed	Thu	Fri
				1 C
	5 D	6 A	7 B	8 C
11 D	12 A	13 B	14 C	15 D
18 A	19 B	20 C	21 D	22 A
	26 B	27 C	28 D	29 A

October 2023				
Mon	Tue	Wed	Thu	Fri
2 B	3 C	4 D	5 A	6 B
	10 C	11 D	12 A	13 B
16 C	17 D	18 A	19 B	20 C
23 D	24 A	25 B	26 C	27 D
30 A	31 B			

November 2023				
Mon	Tue	Wed	Thu	Fri
		1 C	2 D	3 A
6 B		8 C	9 D	
13 A	14 B	15 C	16 D	17 A
20 B	21 C			
27 D	28 A	29 B	30 C	

December 2023				
Mon	Tue	Wed	Thu	Fri
				1 D
4 A	5 B	6 C	7 D	8 A
11 B	12 C	13 D	14 A	15 B
18 C	19 D	20 A	21 B	22 C*

January 2024				
Mon	Tue	Wed	Thu	Fri
	2 D	3 A	4 B	5 C
8 D	9 A	10 B	11 C	12 D
	16 A	17 B	18 C	19 D
22 A	23 B	24 C	25 D	26 A
29 B	30 C	31 D		

February 2024				
Mon	Tue	Wed	Thu	Fri
			1 A	2 B
5 C	6 D	7 A	8 B	9 C
12 D	13 A	14 B	15 C	16 D
		21 A	22 B	23 C
26 D	27 A	28 B	29 C	

March 2024				
Mon	Tue	Wed	Thu	Fri
				1 D
4 A	5 B	6 C	7 D*	8 A
11 B	12 C	13 D	14 A	15 B
18 C	19 D	20 A	21 B	22 C
25 D	26 A	27 B	28 C	

April 2024				
Mon	Tue	Wed	Thu	Fri
1 D	2 A	3 B	4 C	5 D
15 A	16 B	17 C	18 D	19 A
22 B	23 C	24 D	25 A	26 B
29 C				

May 2024				
Mon	Tue	Wed	Thu	Fri
		1 D	2 A	3 B
6 C	7 D	8 A	9 B	10 C
13 D	14 A	15 B	16 C	17 D
20 A	21 B	22 C	23 D	24 A
	28 B	29 C	30 D	31 A

June 2024				
Mon	Tue	Wed	Thu	Fri
3 B	4 C	5 D	6 A	7 B
10 C	11 D*	12 A*		



■ No School  
\* Early Dismissal

August 2023				
Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28*	29*	FD	31	

(2 day ~ 2 cumulative)

- 8/28 - ± Staff Convocation
- 8/29 - \* PD - No School - PK-12
- 8/30 - First Day of School

September 2023				
Mon	Tue	Wed	Thu	Fri
				1
SH	5	6	7	8
11	12	13	14	15
18	19	20	21	22
SH	26	27	28	29

(19 days ~ 21 cumulative)

- 9/4 - School Holiday (Schools Closed)
- 9/25 - School Holiday (Schools Closed)

October 2023				
Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
SH	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

(21 days ~ 42 cumulative)

- 10/9 - School Holiday (Schools Closed)

November 2023				
Mon	Tue	Wed	Thu	Fri
		1	2	3
6	PD	8	9	SH
13	14	15	16	17
20	21	School Holiday		
27	28	29	30	

(17 days ~ 59 cumulative)

- 11/7 - \* PD No School for Students - PK-12
- 11/10 - School Holiday (Schools Closed for Students), P/T Conferences
- 11/22 - 11/24 - School Holiday (Schools Closed)

December 2023				
Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
School Holiday				

(16 days ~ 75 cumulative)

- 12/22 - Early Dismissal PK-12
- 12/25 - 12/29 - School Holiday (Schools Closed)

January 2024				
Mon	Tue	Wed	Thu	Fri
SH	2	3	4	5
8	9	10	11	12
SH	16	17	18	19
22	23	24	25	26
29	30	31		

(21 days ~ 96 cumulative)

- 1/1 - School Holiday (Schools Closed)
- 1/15 - School Holiday (Schools Closed)
- 1/18-1/23 - \*\* Midterm Exams: Early Dismissal 9-12

February 2024				
Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
SH		21	22	23
26	27	28	29	

(19 days ~ 115 cumulative)

- 2/19-2/20 - School Holiday (Schools Closed)

March 2024				
Mon	Tue	Wed	Thu	Fri
				1
4	5	6	PT	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	SH

(20 days ~ 135 cumulative)

- \*\* 3/7 - P/T Conferences: Early Dismissal PK-12
- 3/29 - School Holiday (Schools Closed)

April 2024				
Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
School Holiday				
15	16	17	18	19
22	23	24	25	26
29	PD			

(16 days ~ 151 cumulative)

- 4/8 - 4/12 - School Holiday (Schools Closed)
- 4/30 - \* PD No School for Students - PK-12

May 2024				
Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
SH	28	29	30	31

(22 days ~ 173 cumulative)

- 5/27 - School Holiday (Schools Closed)

June 2024				
Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	LD	13	14
17	18	19	20	21
24	25	26	27	28

(8 days ~ 181 cumulative)

- 6/6 - 6/11 - \*\* Final Exams: Early Dismissal 9-12
- 6/11 - \*\* Early Dismissal PK-12
- 6/12 - Last Day of School Early Dismissal PK-12



**NOTE:** Snow days will be added onto the school year as needed.

BOE Approved: December 8, 2022  
Revised: June 22, 2023

± Staff Convocation is for all staff of the Waterford Public Schools  
\* Professional Development is for Administrators, Teachers, Paraprofessionals 8 AM-3 PM  
\*\* Full day for Paraprofessionals